

# St Mary Magdalene Church, Littleton

## Weekly Newsletter

### 23 July 2022

It is officially the time of year to get some rest! Some people will be able to get a well-earned break. Some people will already have had one and some parents will be thinking that life is actually about to get more stressful rather than restful.

We all need rest. Workaholics burn out because they don't think they need it. Professional sportsmen and woman collapse through lack of it and all of us need it for a healthy life balance.

So as your vicar, priest, church leader who ever you see me I am telling you to get some rest over the next few weeks. However, you best rest find time to do it. Whether that's putting your feet up with your favourite book, lying on a beach, getting a really good sleep, whatever it is try as hard as you can to do it.

I'm always amazed that at the end of the creation story God rests. Jesus goes up Mountains to get rest and even manages to fall asleep in the middle of a storm! If the Holy Trinity family need rest how much more do we?

Have a great break, rest up and help those around you to get rest as well.

Blessings

Tim



**RECTOR: Revd Tim Rose**

#### CONTACT US:

Website

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#### This Sunday's Readings –

#### St Mary Magdalene Patronal Festival

**Psalm 42:1-10**

**John 20:1-18**

#### What's on in the week ahead

**Sunday Services** 24 July at 9.30 and 11.15

Creche 11.15 in Church

Sunday Club 11.15 in Littleton School

Youth 11.15 in OSB

**Cornerstone** 25 July 10-12 in the OSB

**Wednesday Service** 27 July 10am (Words & Worship)

**Church Prayer Meeting** 27 July 8-9pm on Zoom (502 045 10 2)

**Sunday Service** 31 July at 9.30

**There will only be one Sunday service at 9.30 throughout August.**

**Normal services, Children & Youth will all resume in September**



#### MY CHURCHSUITE

Please go onto My ChurchSuite and update your information. You can also update the information we hold for your children, which will help us in preparation for our Children & Youth work.

Please add a photograph, which is helpful to us all in knowing who is who. You can also allow others to contact you by setting your privacy to show name and telephone number and/or email.

All the information we hold is secure and compliant with GDPR.